

GROUP FITNESS: KEW



FIGHTING FIT

MORNING MUMS

BEGINNER FITNESS

COMMANDO KIDS

BOOTCAMP

Active Lifestyle run a range of group fitness classes at **Kew High School, Kew, (Melways Ref 45 K3)**.

\$12.50 PER SESSION OR \$33 PER WEEK FOR UNLIMITED CLASSES

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	FIGHTING FIT 6.00am		BEGINNER FITNESS 6.00am		FIGHTING FIT 7.00am
FIGHTING FIT 4.00pm	BEGINNER FITNESS 7.00am		FIGHTING FIT 7.00am		BOOTCAMP 8.00am
FIGHTING FIT 6.30pm		FIGHTING FIT 4.00pm	COMMANDO KIDS 4.00pm		MORNING MUMS 9.00am
BEGINNER FITNESS 7.30pm		FIGHTING FIT 6.30pm			
		BEGINNER FITNESS 7.30pm			
 ACTIVE LIFESTYLE Health & Fitness Specialists Kew High School, Melways Ref 45 K3 www.activelifestyle.com.au					

Call To Book Your Free Trial 1300 859 169